



Note for Guests:

All packages can be customized. Guests may create their own wellness package by combining any fitness session and massage according to their preferences.



ADULTS ONLY

HOTEL & RESORT

KEFALONIA

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Discover your wellness experience at Petani Bay Hotel

PETANI BAY HOTEL PRICE LIST & WELLNESS PACKAGES

Massage Treatments

Swedish Massage (Relaxing)	⌚ 50' • 80€
Gentle massage that releases tension and promotes deep relaxation.	
Swedish Massage (Deep Tissue)	⌚ 50' • 90€
Focused, deeper pressure to relieve muscle tightness and knots.	
Aromatherapy Massage	⌚ 50' • 80€
A soothing full-body massage enhanced with essential oils.	
Back and Neck Aromatherapy	⌚ 30' • 60€
Targeted massage for upper-body tension, combined with essential oils.	
Leg and Foot Massage	⌚ 30' • 60€
Revitalizing treatment for tired legs and feet.	
Kefalonian Massage (with raki and orange essential oil)	⌚ 60' • 90€
A traditional local therapy offering deep relaxation and warmth.	
Gua Sha (Face Yoga) / Kobido Japanese Facial Massage	⌚ 30' • 60€
Refreshing facial massage that lifts, tones and boosts glow.	

Fitness Sessions

Pilates	Gentle strengthening and mindful movements to improve posture and flexibility.
⌚ 50' • 30€ per person / 50€ for two	
Yoga	Soft flows to enhance balance, calm the mind and release tension.
⌚ 50' • 30€ per person / 50€ for two	
Stretching	Light stretches to improve flexibility and promote relaxation.
⌚ 40' • 25€ per person	

Wellness Fitness Packages

- 1 Balanced Movement Package (per person)**
2 × Pilates Sessions (50') + 1 × Yoga Session (50')
Package Price: 80€
A well-rounded blend of strength, control, and mindful flow.
- 2 Harmony Flow Package (per person)**
2 × Pilates Sessions (50') + 1 × Yoga Session (50') + 1 × Stretching Session (40')
Package Price: 105€
For guests seeking extra balance and flexibility in their routine.
- 3 Core & Mobility Package (per person)**
2 × Pilates Sessions (50') + 2 × Yoga Sessions (50') + 1 × Stretching Session (40')
Package Price: 130€
Enhance core strength, mobility, and overall wellness with a complete program.
- 4 Couple Wellness Experience (for two)**
Pilates or Yoga Session (50') for two + Stretching Session (40') for two
Package Price: 90€
A shared wellness moment for couples with smooth movement and gentle stretching.

