



Note for Guests:

All packages can be customized. Guests may create their own wellness package by combining any fitness session and massage according to their preferences.



ADULTS ONLY
HOTEL & RESORT

KEFALONIA

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Discover your wellness experience
at Petani Bay Hotel



PETANI BAY HOTEL PRICE LIST & WELLNESS PACKAGES

Massage Treatments

Swedish Massage (Relaxing) ⌚ 50' • 80€
Gentle massage that releases tension and promotes deep relaxation.

Swedish Massage (Deep Tissue) ⌚ 50' • 90€
Focused, deeper pressure to relieve muscle tightness and knots.

Aromatherapy Massage ⌚ 50' • 80€
A soothing full-body massage enhanced with essential oils.

Back and Neck Aromatherapy ⌚ 30' • 60€
Targeted massage for upper-body tension, combined with essential oils.

Leg and Foot Massage ⌚ 30' • 60€
Revitalizing treatment for tired legs and feet.

Kefalonian Massage (with raki and orange essential oil) ⌚ 60' • 90€
A traditional local therapy offering deep relaxation and warmth.

Gua Sha (Face Yoga) / Kobido Japanese Facial Massage ⌚ 30' • 60€
Refreshing facial massage that lifts, tones and boosts glow.



Fitness Sessions

Pilates
Gentle strengthening and mindful movements to improve posture and flexibility.

⌚ 50' • 30€ per person / 50€ for two

Yoga
Soft flows to enhance balance, calm the mind and release tension.

⌚ 50' • 30€ per person / 50€ for two

Stretching
Light stretches to improve flexibility and promote relaxation.

⌚ 40' • 25€ per person



Wellness Fitness Packages

1 Balanced Movement Package (per person)
2 × Pilates Sessions (50') + 1 × Yoga Session (50')

Package Price: 80€

A well-rounded blend of strength, control, and mindful flow.

2 Harmony Flow Package (per person)
2 × Pilates Sessions (50') + 1 × Yoga Session (50') + 1 × Stretching Session (40')

Package Price: 105€

For guests seeking extra balance and flexibility in their routine.

3 Core & Mobility Package (per person)
2 × Pilates Sessions (50') + 2 × Yoga Sessions (50') + 1 × Stretching Session (40')

Package Price: 130€

Enhance core strength, mobility, and overall wellness with a complete program.

4 Couple Wellness Experience (for two)
Pilates or Yoga Session (50') for two + Stretching Session (40') for two

Package Price: 90€

A shared wellness moment for couples with smooth movement and gentle stretching.

